

# Goal Tracker Worksheet

Dave Ramsey recommends you create goals in 7 key areas of life. That's why we've created this worksheet for you to write your goals down and track them throughout the year. **Remember, goals without a plan are just dreams.**



Each goal must...

- 1 BE SPECIFIC
- 2 BE MEASURABLE
- 3 HAVE A TIME LIMIT
- 4 BE YOURS
- 5 BE IN WRITING

DONE	GOAL (BE SPECIFIC)	CATEGORY	ACTION PLAN	TARGET DATE
<input type="checkbox"/>		SPIRITUAL		
<input type="checkbox"/>		FINANCIAL		
<input type="checkbox"/>		SOCIAL		
<input type="checkbox"/>		PHYSICAL		
<input type="checkbox"/>		INTELLECTUAL		
<input type="checkbox"/>		CAREER		
<input type="checkbox"/>		FAMILY		