

Your Mental Health *Matters*

How does money make you feel?

For better or for worse, money impacts your mental health. Money often causes feelings of anxiety and stress, whether you notice it or not.

But SmartDollar can help take the anxiety out of managing money.



Crush Your Money Goals With Our Tools

Learn From the Top Names in Money

Make Budgeting Easy With EveryDollar

Getting started with SmartDollar is easy!

1. **Create** or **log in** to your SmartDollar account.
2. **Learn** from the top names in money.
3. **Feel better** about your finances.

Create your **free** SmartDollar account in two steps:

1. Go online to smartdollar.com/start or scan the QR code.



2. Enter the keyword