**[7 Things Americans Waste Money On](http://blog.smartdollar.com/blog/2015/5/5/7-things-americans-waste-money-on)**

We don’t think much about our daily money-wasters . . . but we need to. There are so many places in our daily routine where money can be wasted without us knowing it. It’s ridiculous enough to make a list over—so we did. Here are 7 things we waste money on in America today:

**1. Credit card interest**

The only thing stupider than buying something you can’t afford is buying something you can’t afford at **(insert huge interest rate here)**. You don’t get jack for the extra money you fork over.

**2. Deal websites**

Hey, remember that time we bought a laser hair-removal deal for 78% off from that startup place all the way across town and used it for the full amount and within the specified time limit? **Neither do we.**

**3. Appetizers**

Restaurants already have lunch and dinner portions so big you need a box to bring home the leftovers. Why pay an extra six bucks to get something that will take up more room in your stomach before the main meal is even brought out?

**4. Speedy shipping**

Do we think that book or those clothes we ordered online are so important that we can’t wait four to 14 days for a package to arrive? With priority shipping, **the only thing that moves faster than the package toward you is your money—away from you.**

**5. Designer baby clothes**

Why do we spend $20 on a “Feed me or no one sleeps” T-shirt that is three ticks away from being covered with breakfast? On top of that, they’ll wear it **two or three times** before either outgrowing it or the season changing.

**6. Unused gym memberships**

How is it that so many people join a health club around the New Year's Day resolving to lose weight and there are so many empty treadmills come January 15? Unlike the commitment, **the monthly dues don’t stop.**

**7. Daily coffee trips**

Back before coffee shops started popping up on every street corner, people brewed it themselves. **We as a culture seem to have gotten away from that.** And you don’t need the caffeine to get your heart thumping—just take a look at how much money you dish out for that sugary concoction over a month or two.

Take a look at your own budget and see where your cash might be getting away from you. It can happen easier than you think. **Most often, it does.**