

Discover Your Talent & Passion

▶ Reflect & Respond

Finding Your Path – *It's your turn to find your path! In these lessons, Ken asked you to think about a lot of questions. He does this to help you engage in the self-discovery process of finding what you want to do with your life. You've heard the questions, you've read about the process, and now it's time to do some discovery work of your own.*

Getting Started

Consider finding a quiet space, getting in a comfortable chair, and resting your mind to get started. Read each question two or three times, then answer the questions after giving them some serious thought. The answers to these questions will get you on the right path to your dream career.

Talent

Everyone is born with talent! Your talent is something you don't have to try hard at. It just comes easy to you.

1. What subjects come easy to you?

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2. What tasks are you naturally good at?

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3. What do you get complimented on? Think about work. This may be something parents, teachers, coaches and friends have noticed and commented on.

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4. Who can you seek confirmation from about your talents? Remember, these should be people who know you well and will tell you the truth. Name at least five people.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

5. Based on your answers above, what are some ideas you have about what your talent is?



"I BELIEVE THAT EVERY PERSON IS BORN WITH TALENT."

—MAYA ANGELOU

Passion

Your passion is what you were created to do. When you come home at the end of a work day and feel fulfilled and happy, you've found your passion.

6. What do you love to do most? Avoid answering "video games" or a hobby-like activity here. Think, professional passion.

7. Who do you most want to help?

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8. What problem do you want to solve?

9. What solution do you want to provide? This question is similar to the last, but they'll both help you get to the right answer.

Mission and Sweet Spot

Your mission is your purpose. And when you find your sweet spot, you will be using your top talents to perform your passions.

10. Get out of your head and into your heart. Write down five ideas you think might be your mission and your sweet spot—the role you were born to play.

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